



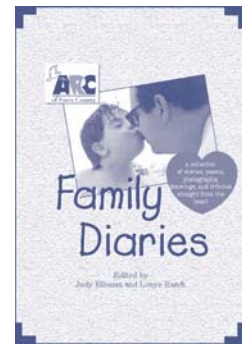
# THE ARC OF ESSEX COUNTY *THE ARC FAMILY DIARIES*

As volunteers in a preschool for children with developmental disabilities, we have come to see how the powerful combination of state-of-the-art help, an optimistic attitude, and a nurturing support network can make life beautiful for families whose children have developmental disabilities, despite the difficulties they encounter. These pages encompass the stories of families facing life's challenges and crises with fortitude, dignity, and remarkable endurance; they relate the experiences of parents, family members, professionals, and volunteers expanding the boundaries of love and knowledge to help disabled children and adults reach their potential, and in so doing, discovering hidden strengths, enrichment, and transformation.

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